



For Immediate Release:

Friday, June 10, 2016

Contact:

Nicky Mora

District Communications and Public Relations

(925) 473-2427 Office

(831) 578-7180 Cell

**Pittsburg Unified School District Kicks Off Summer Meals Program with Free BBQ
for the Community**

Pittsburg, CA...Friday, June 10, 2016 – Pittsburg Unified School District's Child Nutrition Department will be sponsoring its 5th annual Summer Meals Kick-Off Event from 11:30am – 1:30pm at Buchanan Park, located at 4150 Harbor Street. The free BBQ will feature hot dogs, hamburgers, a salad bar, health and fitness information, demonstrations, music, wellness activities, and performances by Pittsburg High School's marching band, cheerleaders, and the Los Medanos Hawaiian dancers. Besides being entertaining and fun for families, the goal of the event is to make the Pittsburg Community aware of the Summer Meals Program, which offers free breakfast and lunch at locations throughout Pittsburg, from June 13 – August 5, 2016.

Often times, the additional cost of providing meals to children during the summer months puts a hardship on families. Pittsburg Unified School District recognizes the need for free meals and is committed to providing a solution that benefits the children. During the summer break, fifteen locations throughout Pittsburg will be serving free breakfast and lunch to children ages 2-18. (See attached flyer for specific locations and times). "Our focus this summer is introducing Harvest of the Month, which provides structured education materials for students, families, and the community to engage in hands-on opportunities through our school site gardens (farm to plate), taste California grown fruits and vegetables, learn about the state's rich agricultural bounty and understand the importance of eating fruits and vegetables and being active every day," said Angelia Nava, Director, Child Nutrition. Special thanks to Kaiser Permanente for the generous support of this event.

Health and wellness are a priority at Pittsburg Unified School District. The Child Nutrition Services Department has received national recognition under the Healthier U.S. School Challenge and the department's goal is to continually showcase healthy food options for school children as well as inspire kids about fruits and veggies that are harvested from their school garden. Every school site throughout the district has a garden, and each month nearly 600 pounds of fruits and vegetables are harvested. The harvests are divided among all the school cafeterias, offering children a wide variety of fresh fruits and vegetables with their meals.

###

About Pittsburg Unified School District

Pittsburg Unified School District (PUSD) is a K-12 district serving the community of Pittsburg, California. Founded in 1933, the school system is committed to providing an excellent opportunity for all students to learn. Comprised of eight elementary schools, three junior high schools, one comprehensive high school, one alternative education high school, an adult school, independent study, alternative learning experiences, and early childhood education services, the school district serves more than 10,500 students. PUSD is located in the San Francisco Bay Area, fifty minutes outside of downtown San Francisco.

###