

PURPOSEFUL & MOTIVATED LEARNERS

- + Are eager for new learning and are motivated by the mastery of learning itself
- + Are goal-directed in their learning
- + Know how to set challenging learning goals for themselves
- + Know how to sustain the effort and resilience that reaching those goals will require
- + Monitor and regulate emotional reactions that would be impediments or distractions to their successful learning

RESOURCEFUL & KNOWLEDGEABLE LEARNERS

- + Bring considerable prior knowledge to new learning
- + Activate that prior knowledge to identify, organize, prioritize, and assimilate new information
- + Recognize the tools and resources that would help them find, structure and remember new information
- + Know how to transform new information into meaningful and useable knowledge

STRATEGIC & GOAL-DIRECTED LEARNERS

- + Formulate plans for learning
- + Devised effective strategies and tactics to optimize learning
- + Organize resources and tools to facilitate learning
- + Monitor their progress
- + Recognize their own strengths and weaknesses as learners
- + Abandon plans and strategies that are ineffective