



## School Breakfast Week

The Board of Education  
Pittsburg Unified School District

### Resolution 17-23

**Whereas,** A developing body and brain need a fresh supply of glucose as the brain's basic fuel after fasting all night; and

**Whereas,** Breakfast provides energy and nutrients that lead to increased concentration in the classroom; and

**Whereas,** Experiencing hunger impairs students' ability to learn; and

**Whereas,** Students who miss breakfast score lower in memory and cognitive tests; and

**Whereas,** Consuming breakfast improves students' performance on demanding mental tasks and reaction to frustration; and

**Whereas,** Eating breakfast contributes to better student health in areas such as higher fruit intake, micronutrient intake, and daily vitamin intake, along with better overall health; and

**Whereas,** School breakfast improves student behavior, achievement, attendance and learning environments; and

**Whereas,** Pittsburg Unified School District participates in the Federal School Breakfast Program for which schools are reimbursed by the United States Department of Agriculture, Food and Nutrition Service for every free/reduced breakfast served; and

**Whereas,** Allowing students to eat breakfast in first period would be likely to increase the percentage of low-income students' participation in school breakfast and increase the district's revenues.

**Resolved,** The Board of Education of the Pittsburg Unified School District request the Superintendent to explore developing a plan for all school students to eat or finish their breakfast at the beginning of the school day;

**Be It Further Resolved,** That the Board of Education directs the Superintendent to post a copy of this resolution at each School Site in acknowledgement of **March 5-9, 2018** as School Breakfast Week; and

**Passed and Adopted,** on January 24, 2018, at a regular meeting of the Board of Education by the following vote:

AYES:	5	(Arenivar, Canciamilla, Miller, Smith, Woolridge) (Elam – Student Member)
NOES:	0	
ABSTAIN:	0	
ABSENT:	0	

  
De'Shawn Woolridge, Board President