



School Breakfast Week Resolution

The Board of Education
Pittsburg Unified School District
Resolution 18-42

Whereas, A developing body and brain need a fresh supply of glucose as the brain's basic fuel after fasting all night; and

Whereas, Breakfast provides energy and nutrients that lead to increased concentration in the classroom; and

Whereas, Experiencing hunger impairs students' ability to learn; and

Whereas, Students who miss breakfast score lower in memory and cognitive tests; and

Whereas, Consuming breakfast improves students' performance on demanding mental tasks and reaction to frustration; and

Whereas, Eating breakfast contributes to better student health in areas such as higher fruit intake, micronutrient intake, and daily vitamin intake, along with better overall health; and

Whereas, School breakfast improves student behavior, achievement, attendance and learning environments; and

Whereas, Pittsburg Unified School District participates in the Federal School Breakfast Program for which schools are reimbursed by the United States Department of Agriculture, Food and Nutrition Service for every free/reduced breakfast served; and

Whereas, Allowing students to eat breakfast in first period would be likely to increase the percentage of low-income students' participation in school breakfast and increase the district's revenues.

Resolved, The Board of Education of the Pittsburg Unified School District declares March 4th – 8th, 2019, school breakfast week.

Be It Further Resolved, The Board of Education request the Superintendent or her designee to ensure that all students attending a Pittsburg Unified School District school has access to breakfast and has sufficient time to each such breakfast provided;

Be It Further Resolved, That the Board of Education directs the Superintendent to post a copy of this resolution at each School Site; and

Passed and Adopted, on February 6, 2019 at a regular meeting of the Board of Education by the following vote:

AYES: 3
NOES: 0
ABSTAIN: 0
ABSENT: 2

Duane Smith, Board President