



CALIFORNIA STUDENT MENTAL HEALTH AWARENESS WEEK

The Board of Education
PITTSBURG UNIFIED SCHOOL DISTRICT

RESOLUTION 21-35

WHEREAS, the week of May 9, 2022 – May 13, 2022, has been designated as California Student Mental Health Awareness Week;

WHEREAS, Students in California are subjected to community and school-based acts of violence or threats thereof; and

WHEREAS, Many students in California have experienced traumatic events; and

WHEREAS, Traumatic events and the overuse of social media can result in students feeling disconnected from their peers; and

WHEREAS, Research has shown that childhood stress and trauma has may be harmful if not addressed; and

WHEREAS, Students' mental health or behavioral issues too often go unnoticed or unaddressed at school; and

WHEREAS, Reducing the stigma surrounding mental health will empower students to speak up when they need help; and

WHEREAS, the early identification, intervention, and treatment of mental health and behavioral issues is paramount for a healthy student body and school community; and

WHEREAS, Prekindergarten through grades 1 to 12, inclusive, through its unique role in serving children and youth, has an opportunity to address student mental health through relationship building, social emotional learning, and multi-tiered intervention early and effectively; and

WHEREAS, the need for comprehensive, coordinated mental health services and social emotional learning for students in school is a critical responsibility as part of an overall education plan; and

WHEREAS, Addressing the complex mental health needs of Pittsburg's students today is fundamental to the future of California; and

WHEREAS, it is appropriate that a week should be set aside each year for the direction of our thoughts towards our students' mental health and well-being; now, therefore, be it

Resolved, by the Pittsburg Unified School District Board of Education thereof hereby declares the week of May 9 2022, to May 13, 2022, as California Student Mental Health Awareness Week within each of our schools.

Be It Further Resolved, that the Board of Education directs the Superintendent to post a copy of this resolution at each School Site and all staff will highlight mental health awareness with students and families; and

Passed and Adopted, on May 11, 2022, at a regular meeting of the Board of Education by the following vote:

AYES: 4

NOES: 0

ABSTAIN: 0

ABSENT: 1

Duane Smith, Board President